



21 DAYS  
OF PRAYER  
GUIDE  
2<sup>ND</sup> WEEK



# FRESH ➔ START

21 DAYS OF  
PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

## PRAYER SCHEDULE

**MORNING PRAYER**  
MONDAY - FRIDAY  
(5:00AM TO 6:30AM)

**IN-PERSON PRAYER**  
MONDAY - FRIDAY  
(7:00PM TO 8:00PM)

**LATE NIGHT PRAYER**  
MONDAY - FRIDAY  
(10:00PM - 11:00PM)



@MensaOtabil @icgchrist & MyICGC App

# FRESH ▶ START

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MON. 9TH JAN. TO SUN. 29TH JAN.



**H**appy New Year and welcome to our year of GATHERING! To God be the glory for the great things He has done in our lives in the past year.

As we begin this New Year, it is important to start on the right note. We need to spend time in God's presence to hear what He is saying, and to bring our petitions and supplications to Him. FRESH START begins across all our assemblies worldwide. This spiritual convocation is designed to help us begin the year on a strong spiritual note, prepare us to walk closely with God, and stay in His purposes throughout the year.

This year, the Lord wants to pick up the fragments of your life and give you a fresh start. If you are feeling left behind and abandoned, be assured that God can use the broken pieces that remain to put your life back together again.

Fresh Start commences on Monday, 9th January 2023 and ends after 21 days on Sunday 29th January 2023. This prayer guide provides themes and prayer points for each day. My Word to Go and daily devotionals over the period will also be based on the same themes.

There will be a morning prayer broadcast each weekday online between 5am and 6:30am. These will be times of worship interspersed with prayer sessions led by pastors of the church. It will be accessible on the MyICGC App, my Facebook and YouTube pages and [centralgospel.com](http://centralgospel.com).

There will also be in-person prayer services at ICGC local assemblies every weekday from 7:00pm – 8:00pm. You can join an assembly near you for corporate prayer.

We end each weekday with a late-night prayer session online from 10pm – 11pm.

God wants to give you a FRESH START this year. I trust that you will join me on this journey, along with your friends and loved ones, as we seek the face of the Lord together.

Shalom!



**FRESH  
➔ START**

**21 DAYS OF  
PRAYER**

**MON. 9TH JAN. TO SUN. 29TH JAN.**

WEEK 2  
FOLLOWING THROUGH

# FRESH START

## 21 DAYS OF PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

REMAIN FOCUSED

DAY 8 - JANUARY 16

*Let your eyes look straight ahead, And your eyelids look right before you. Ponder the path of your feet, And let all your ways be established. Do not turn to the right or the left; Remove your foot from evil. (Proverbs 4:25-27)*

### Morning Reflection

#### Proverbs 4:20-27

My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; For they are life to those who find them, And health to all their flesh. Keep your heart with all diligence, For out of it spring the issues of life. Put away from you a deceitful mouth, And put perverse lips far from you. Let your eyes look straight ahead, And your eyelids look right before you. Ponder the path of your feet, And let all your ways be established. Do not turn to the right or the left; Remove your foot from evil.

### Consecration

1. Ask the Lord to strengthen your resolve to walk in the paths of righteousness and resist temptations to sin.
2. Surrender your mind, will, and emotions to God; ask for the grace to continually set your affections on the Lord.
3. Ask the Lord to manifest His strength in your weakness and empower you to live for Him.
4. Thank God for cleansing you, setting you apart and making you an example to your generation.

### Guidance & Direction

5. Ask God to grant you a greater awareness of His presence with you.
6. Ask the Lord to order your steps and guide you according to His will.
7. Commit your endeavours to the Lord and ask Him to grant you clarity and focus in your pursuits.
8. Pray that the paths of every member of your family will be directed by the Lord; affirm that no family member will miss their way.

## Protection

9. Thank God for His covering of protection over your life, your family, and all that concerns you.
10. Ask the Lord to see your family through seasons of testing and trials this year; declare that you will come out strong and established.
11. Resist every arrow of confusion and distraction thrown from the camp of the enemy to disorient you; confess that you will not be derailed in your pursuit of purpose.
12. Thank God for His timely rescue from actions that lead to waste and loss.

## Gathering

13. Ask God to give you the wisdom to navigate the year; declare that your steps will be ordered into fields ready for harvest.
14. Ask the Lord to amplify your efforts this year and grant you testimonies and breakthroughs.
15. Ask the Lord to fill you with a burden for souls; by faith, receive the boldness to witness to unbelievers around you.
16. Thank God for making you an ambassador of positive change; thank Him that your light is shining before men and bringing glory to God.

### ***Declaration***

*I declare that I am righteous in Christ and separated unto God. The Holy Spirit speaks to my heart; I hear and obey. I have focus; I concentrate on God's word, His promises and His plans for my life. Therefore, my hands are blessed with increase and my mind is productive and fruitful. As I walk in the light of God's word, all shall see me and call me blessed. In Jesus' Name. **Amen!***

# FRESH START

## 21 DAYS OF PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

### COMMIT TO PROCESS

DAY 9 - JANUARY 17

*And He said, The kingdom of God is as if a man should scatter seed on the ground, and should sleep by night and rise by day, and the seed should sprout and grow, he himself does not know how. For the earth yields crops by itself: first the blade, then the head, after that the full grain in the head. (Mark 4:26-28)*

#### Morning Reflection

##### Mark 4:26-34

And He said, The kingdom of God is as if a man should scatter seed on the ground, and should sleep by night and rise by day, and the seed should sprout and grow, he himself does not know how. For the earth yields crops by itself: first the blade, then the head, after that the full grain in the head. But when the grain ripens, immediately he puts in the sickle, because the harvest has come. Then He said, To what shall we liken the kingdom of God? Or with what parable shall we picture it? It is like a mustard seed which, when it is sown on the ground, is smaller than all the seeds on earth; but when it is sown, it grows up and becomes greater than all herbs, and shoots out large branches, so that the birds of the air may nest under its shade.

#### Consecration

1. Glorify God for the transforming power of His word; bless His name, that you are cleansed and renewed in mind as you read the scriptures.
2. Praise the Lord for the journey of Christlikeness He has planned out for you; ask Him for strength to commit to the process of growth to the stature of the fullness of Christ.
3. Pray for the humility to appreciate your small beginnings and not despise them.
4. Ask the Lord for enabling power to live for Him and honour Him daily this year.

#### Guidance & Direction

5. Thank the Lord for the counsel and direction of the Holy Spirit.
6. Commit all your aspirations to the Lord; declare that His hand will uphold you till they come to fruition.
7. Ask the Lord for wise counsellors and helpers who will stand with you through each season of your life.
8. Boldly declare that you have the patience and faith to wait on God and follow His lead unto victories this year.

## Protection

9. Ask God for His hope, peace, and comfort to keep you in times of difficulty and uncertainty.
10. Declare that your investments are protected by the hand of the Lord; thank Him that they will all mature in due season.
11. Boldly reject any spirit of fear seeking to lure you away from faith to unbelief.
12. Affirm that you will not be derailed by any temptation to take shortcuts as you follow the Lord's direction.

## Gathering

13. Ask God for grace and humility to submit to the process of discipleship as a disciple of Christ.
14. Intercede for your relations who have lost their faith and their way in life; pray that they will return to the Lord and find the purpose for their lives in Jesus name.
15. Thank God for the propagation of the gospel over the earth; thank Him for the transformation it is working in the lives of people in this generation.
16. Thank the Lord that you are maturing into a good and faithful servant of the Lord; thank Him for the rich reward that awaits you in His kingdom.

### **Declaration**

*By God's grace, I submit to the processes God has begun in my life. I look faithfully unto Jesus so that I may not be discouraged. The Spirit of the Lord will keep me from falling and bring me to a glorious end. I overcome the deceit and distractions of the enemy and declare that my faith will not fail, my hope will not wane, and my love will not grow cold as I live for the Lord this year. In Jesus' name. **Amen!***

# FRESH START

## 21 DAYS OF PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

### RESIST OPPOSITION

DAY 10 - JANUARY 18

*Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. (1 Peter 5:8-9)*

#### Morning Reflection

##### 1 Peter 5:5-11

Likewise, you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for God resists the proud, but gives grace to the humble. Therefore, humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you. To Him be the glory and the dominion forever and ever. Amen.

#### Consecration

1. Ask the Lord to help you walk in humility so that you may experience a daily provision of His grace.
2. Declare that you and your household are set apart for the Lord's glory.
3. Ask the Lord to help you become more steadfast in faith, regardless of any turbulent situation around you.
4. Pray for a confident assurance of the abiding presence of God with you as you face the different seasons of life.

#### Guidance & Direction

5. Ask the Lord to help you to be vigilant and aware of the wiles of the enemy.
6. Pray for a heart that is sober and yielded to the guidance of the Holy Spirit at all times.
7. Pray that you will be diligent to submit yourself to the authority of the Lord this year.
8. Pray for a heart of discernment to understand the times and seasons of your life; ask God for wisdom to act prudently, in conformity to His will for your life.

#### Protection

9. Declare that the blood of Christ over you and your family preserves you against disease and destruction.
10. Ask the Lord to help you grow in spiritual sensitivity to pray aright; thank Him for wisdom not to pray amiss.



11. Ask God to increase your faith to resist every evil scheme the enemy has plotted against you and your family.
12. Ask the Lord to remove every opposition in your life, standing against your spiritual growth in the Lord.

#### Gathering

13. Ask the Lord to grant you the compassion to stand with other believers in their time of trial and tribulation.
14. Intercede for Christians in your local assembly and ask for sustaining grace so they will not give up on their faith in times of suffering.
15. Pray for believers who have given in to the pressures and enticements of the world and have backslidden; pray for restoration to their first love.
16. Pray that the spirit of humility, submission and love for God and fellow believers will work in the hearts of believers of this generation.

#### **Declaration**

*I humble myself under the mighty hand of God, I will be exalted in due season. I receive strength and wisdom from God to discern and overcome all the works of evil against my life. I believe God's word God cares for me and so I cast all my cares on Him; He is for me and so no one can stand against me. By faith, I overcome every opposition to the Lord's purposes for my life. In Jesus' name. **Amen!***

# FRESH START

## 21 DAYS OF PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

### DECIDE AND ACT

### DAY 11 - JANUARY 19

*Now there were four leprous men at the entrance of the gate; and they said to one another, "Why are we sitting here until we die? If we say, 'We will enter the city,' the famine is in the city, and we shall die there. And if we sit here, we die also. Now therefore, come, let us surrender to the army of the Syrians. If they keep us alive, we shall live; and if they kill us, we shall only die." (2 Kings 7:3-4)*

#### Morning Reflection

##### 2 Kings 7:1-7

Then Elisha said, Hear the word of the Lord. Thus says the Lord: Tomorrow about this time a seah of fine flour shall be sold for a shekel, and two seahs of barley for a shekel, at the gate of Samaria. So an officer on whose hand the king leaned answered the man of God and said, Look, if the Lord would make windows in heaven, could this thing be? And he said, In fact, you shall see it with your eyes, but you shall not eat of it. Now there were four leprous men at the entrance of the gate; and they said to one another, Why are we sitting here until we die? 4 If we say, We will enter the city, the famine is in the city, and we shall die there. And if we sit here, we die also. Now therefore, come, let us surrender to the army of the Syrians. If they keep us alive, we shall live; and if they kill us, we shall only die. And they rose at twilight to go to the camp of the Syrians; and when they had come to the outskirts of the Syrian camp, to their surprise no one was there. For the Lord had caused the army of the Syrians to hear the noise of chariots and the noise of horsesthe noise of a great army; so they said to one another, Look, the king of Israel has hired against us the kings of the Hittites and the kings of the Egyptians to attack us! Therefore they arose and fled at twilight, and left the camp intacttheir tents, their horses, and their donkeysand they fled for their lives.

#### Consecration

1. Thank God that you are born of the spirit and a member of His household.
2. Praise the Lord for His love and willingness to help you in your choices and decisions as a father helps his children.
3. Commit every difficult decision before you to the Lord and ask Him to help you make the right choice.
4. Pledge to the Lord that you are committed to taking decisions that will bring honour and glory to His name through your life.

#### Guidance & Direction

5. Ask God for His help to discern the voice of the Spirit from the many voices that surround you.
6. Ask the Lord to guide your steps away from paths that lead to destruction; pray that you will be led to places of abundance.
7. Pray for the courage and boldness to act when God shines His light on your path and shows you the way you must take.
8. Pray for a heart of love and responsibility to share with others the wisdom God has blessed you with from your experiences.

## Protection

9. Pray for the children of your family, that they will be strengthened to overcome the pressures of society to make bad choices in life.
10. Ask the Lord for grace to continually stand, putting on the whole armour of God; ask Him to help you prevail over the schemes of the enemy.
11. Pray that the peace of God which surpasses all understanding will guard your heart and mind and enable you to take the right way in the defining moments of your life.
12. By faith, reject every wicked and deceptive counsel intended to derail you.

## Gathering

13. Pray that God will confirm His word as you preach it, with signs and cause many to surrender their lives to Christ.
14. Pray for the stirring of the hearts of Christians over the world, to commit resources for the advancement of the Kingdom of God.
15. Ask God to open the windows of heaven over you and grant you favour in your career and business; thank Him for the coming abundant harvest.
16. Declare by faith, that you will not succumb to the negative influences in your environment but be an agent of positive change and transformation.

### ***Declaration***

*I surrender my mind, will and emotions to the Lord; I yield myself to Him, that I may be an instrument of righteousness for His glory. This year, the Lord guides me in all my choices, actions and endeavours. He will amplify my steps and multiply the little I have. I will gather an abundant harvest as I make wise choices and move from glory to glory. In Jesus' name. Amen.*

# FRESH START

## 21 DAYS OF PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

### STRENGTH IN THE LORD

DAY 12 - JANUARY 20

*The Lord God is my strength; He will make my feet like deer's feet, And He will make me walk on my high hills. (Habakkuk 3:19)*

#### Morning Reflection

##### Habakkuk 3:17-19

Though the fig tree may not blossom, Nor fruit be on the vines; Though the labour of the olive may fail, And the fields yield no food; Though the flock may be cut off from the fold, And there be no herd in the stalls. Yet I will rejoice in the Lord, I will joy in the God of my salvation. The Lord God is my strength; He will make my feet like deer's feet, And He will make me walk on my high hills.

#### Consecration

1. Ask the Lord to grant you His strength to live a disciplined Christian life that leads to growth and maturity.
2. Ask the Holy Spirit to give you a hunger for prayer and the study of God's word.
3. Pray that your zeal for the Lord's work and His house will be steadfast throughout this year.
4. Ask God to help you uphold truth and integrity in your personal and professional life.

#### Guidance & Direction

5. Ask the Holy Spirit to give you divine counsel that will bring advancement and progress in all you do.
6. Pray for the comfort and encouragement of the Holy Spirit to remain strong in faith in the face of difficulties and challenges.
7. Affirm that as you wait on the Lord, your strength will not wane as you run the race He has set before you.
8. Pray to the Lord to bring people your way that will challenge you to grow spiritually, mentally and emotionally.

#### Protection

9. Command every evil power at work to bring confusion, misunderstanding and weakness in your life to depart in Jesus name.
10. Ask the Lord to give you the wisdom to navigate the difficult times and seasons of life; pray that your faith will become stronger in such times.
11. Ask the Lord for the eyes of faith to see beyond present challenges to the glory that will be revealed in the end.
12. Surrender your body to the Lord and ask Him to keep you in health and strength to pursue His purposes for your life.

## Gathering

13. Pray that your eyes will see and your hands will possess every blessing and opportunity God has provided for you this year.
14. Pray against any lack of will and strength that would be a limitation to harvesting much at the times of harvest this year.
15. Resist every spiritual and psychological opposition that makes you ineffective in gathering souls for Christ.
16. Declare that the church will be strong financially to see her developmental projects through from start to finish.

### **Declaration**

*I declare that the Lord is my strength and my song. His name is my strong tower and refuge. As I pray and meditate on His word, I become strong in Him and the might of His power. No evil shall overwhelm me. His light will shine on me and dispel every darkness around me. I am strengthened by the Lord to gather souls for Christ this year. I gather opportunities, assets, and resources also. In Jesus' name. **Amen!***

# FRESH START

21 DAYS OF  
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MON. 9TH JAN. TO SUN. 29TH JAN.

AFFIRM YOUR CONVICTION

DAY 13 - JANUARY 21

*And we know that all things work together for good to those who love God, to those who are called according to His purpose. For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren. (Romans 8:28-29)*

## Morning Reflection

### Romans 8:26-30

Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God. And we know that all things work together for good to those who love God, to those who are called according to His purpose. For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren. Moreover whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified.

## Consecration

1. Thank God that He has delivered you from sin and placed you in the Kingdom of light to live righteously and holy.
2. Praise God that you are being sanctified daily as you pray and read His word; thank Him that you are growing to conform to the image of Christ.
3. Ask God to help you to stay true to His calling upon your life as the Holy Spirit leads you.
4. Affirm your commitment to walk according to the plans and purposes of God for your life.

## Guidance & Direction

5. Celebrate the Lord for the wonderful things He will lead you to accomplish in this year of Gathering.
6. Ask the Holy Spirit to help you gain a deeper conviction of the truth and assurance of God's word.
7. Ask God to open your eyes to see the path He is leading you on as you diligently study His word this year.
8. Affirm that by God's grace, you will not miss any divine appointment God has arranged for you this year concerning your family, marriage, business, education, career, and ministry.

## Protection

9. Thank God for preserving you from the wiles and works of the enemy intended to draw you into worldliness.
10. Commit the children and youth of your church to the Lord and ask that they will not stray from the faith and principles of Christ they are being taught.
11. Pray for the release of every member of your family held bound by the enemy in addiction; declare their liberty in Jesus name.
12. Silence every voice of confusion and deception from the enemy; cast down every thought and high thing that is exalting itself above Christ.

## Gathering

13. Thank the Lord for the many things you will gather this year as you believe and confess His word concerning gathering.
14. Pray for the double restoration of all that you and your family lost in the past year.
15. Thank the Lord that prodigal children are being restored to their families this year; pray that the conviction of the Holy Spirit will give them sobriety and draw them back to their homes.
16. Declare God's word that all things are working together for your good this year because you Love God and are called according to His purpose.

### **Declaration**

*I thank the Lord that He loved me and gave Himself for me. I am His child and called by His name. I have authority in my words and so I declare that in this year, whatever the Lord has said concerning me and my family will come to pass; what He has said about my career and finances will come to pass; and what He has said concerning the church will come to pass. In Jesus' name. **Amen!***

# FRESH START

## 21 DAYS OF PRAYER

MON. 9TH JAN. TO SUN. 29TH JAN.

### PERSEVERE

DAY 14 - JANUARY 22

*Now there was a widow in that city; and she came to him, saying, Get justice for me from my adversary. And he would not for a while; but afterward he said within himself, Though I do not fear God nor regard man, yet because this widow troubles me I will avenge her, lest by her continual coming she weary me. (Luke 18:3-5)*

#### Morning Reflection

##### Luke 18:1-8

Then He spoke a parable to them, that men always ought to pray and not lose heart, saying: There was in a certain city a judge who did not fear God nor regard man. Now there was a widow in that city; and she came to him, saying, Get justice for me from my adversary. And he would not for a while; but afterward he said within himself, Though I do not fear God nor regard man, yet because this widow troubles me I will avenge her, lest by her continual coming she weary me. Then the Lord said, Hear what the unjust judge said. And shall God not avenge His own elect who cry out day and night to Him, though He bears long with them? I tell you that He will avenge them speedily. Nevertheless, when the Son of Man comes, will He really find faith on the earth?

#### Consecration

1. Thank God for His faithfulness and willingness to hear and answer prayer.
2. Pray for a renewed zeal and passion to persevere in your spiritual growth.
3. Ask God for the boldness and confidence to come before His throne with your petitions and supplications daily.
4. Commit your heart's desires to God; ask Him to help you align them with His will always.

#### Guidance & Direction

5. Ask God to strengthen you in your inner man to persist in prayer in all seasons this year.
6. Ask the Lord to touch the heart of people around you to show you favour and kindness.
7. Commit to God the challenging situations you are facing and ask for patience and steadfastness to attend to them until they are resolved.
8. Ask God to use your life and testimony of perseverance to inspire others to persevere in their lives also.



## Protection

9. Pray that the Lord will grant you and your family justice in every contention you are involved with.
10. Pray for God's grace to cut associations with people that speak doubt and unbelief.
11. Pray for commitment to seek God's face and learn His ways with everyday's experiences.
12. Thank the Lord in faith for his protection and deliverance in any perilous time that lies ahead of you.

## Gathering

13. Ask the Lord to raise intercessors to continually stand in the gap for revival to break forth in the nations.
14. Ask God to draw the body of Christ together and unite them in heart and faith to seek the advancement and establishment of God's kingdom on earth.
15. Affirm that the lines are falling to you in pleasant places in this season; declare that this is your time of unhindered progress and manifestation.
16. Thank the Lord for His visitation and guidance in this year of Gathering.

### **Declaration**

*I declare that I am planted in the house of my God. I will be steadfast and persevere in life through faith and prayer. Though the manifestation of the answers to my prayers may tarry, they shall surely come to pass. The Lord is merciful and kind; He will not allow my adversaries to rejoice and triumph over me. I walk in His favour and blessing. In Jesus' name.*

**Amen!**



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