

40 DAYS  
OF PRAYER  
& FASTING  
PRAYER  
GUIDE

3<sup>RD</sup> WEEK  
BREAKING BARRIERS



**40 DAYS OF  
POWER**

WITH PASTOR MENSA OTABIL

22 JUNE - 31 JULY 2023



@MENSAOTABIL @ICGCCHRIST MYICGC APP

# HELPFUL HINTS FOR FASTING

*The practice of regular fasting is a normal Christian behaviour taught by Jesus. In **Matthew 6:16–18**, Jesus provided guidelines for fasting. Fasting was also practiced by the early church as evidenced in **Acts 13:2**. It has been the regular discipline of believers throughout church history.*

*Fasting has physical as well as spiritual benefits. It must be embarked on with spiritual commitment and wisdom. Everything should be done to the glory of God.*

## ***Do's Of Fasting***

1. Prepare your body for the fast; cut back on food portions and eat smaller meals a few days prior to the fast.
2. Prevent constipation during and after the fast by eating fresh fruit and raw vegetables, fruit or vegetable juices, oatmeal, etc.
3. Drink lots of water when fasting.
4. Seek medical advice before the fast if you have any existing health conditions.
5. You can fast in many different ways. For example, a Daniel fast is one in which you consume only vegetables and water throughout. Pray and ask God what He will give you faith for the duration of the fast.
6. Have a clear target as your prayer focus. Without a vision or clear goal, the people perish. Write down your vision for the fast so you can run with it (**Habakkuk 2:2**).
7. Take time to pray and read the word. This may seem obvious, but busyness and distractions can keep you from daily devotions. Expect to hear God's voice in the word, dreams, visions, and revelations. Daniel prepared himself to receive revelation through fasting (**Daniel 10:1–2**).
8. Break your fast gradually. At this point you will need to exercise watchful self-control. Break your fast on a meal that is light and easy to digest (i.e., broth, a shredded apple, watermelon, or steamed vegetables).
9. Prepare for opposition. Satan tempted Jesus on the fast, and we must expect the same. Discouragement may come but take your stand on the victory of Christ.

## ***Don'ts Of Fasting***

1. Avoid high-fat and sugary foods before the fast.
2. Abstain from strong stimulants such as caffeinated and sugary drinks during a fast, including the artificial sweeteners found in diet drinks.
3. It is important after a fast to control your cravings and avoid overeating and nullifying the gains made during the fast.

***I am excited that you are joining me on this fast. Commit to staying the course and fasting from the beginning to the end. I believe that God's glory will envelope our nation in a supernatural way as we wait upon the Lord.***





*40 Days of Power is with us once again. We have traveled halfway through 2023, and it is that time of the year when we consecrate ourselves unto the Lord and seek His face with fasting and prayer. This annual, 40-day commitment is an important feature on the calendar of the International Central Gospel Church, and it has also become an important spiritual journey for several people around the world.*

*God continues to shower His grace and mercy upon His people as they call upon Him in corporate prayer. From the experiences of people in Bible times through to present day, His response to consecration and prayer remains the same – He hears from heaven, He forgives their sin, and He heals their land (2 Chronicles 7:14). So year after year, we record testimony after testimony of lives that have been touched with the joy of salvation, healing, deliverance, and total transformation as they join in prayer. Men, women, and children alike share these joy-inspiring testimonies.*

***40 Days of Power this year starts from Thursday, 22nd June 2023, and ends on Monday, 31st July 2023. Members of ICGC and Christians across the globe will fast and pray. We will trust the Lord to stretch forth His hands and touch us in our personal lives, families, the church, and the nations of the world.***

*This year, the corporate prayer each weekday will have four bands. The first will start at 5 am and run till 8 am. There will be a break till the second session commences from 11:30 am to 1 pm. Thirdly, there will be in-person only evening prayer services from 6 pm to 8 pm. You can visit an ICGC assembly close by to participate in these services. Finally, we will end each weekday with our late night session of intense intercession from 10 pm to 11 pm. The late-night prayer sessions were a great blessing to the many who tuned in and prayed along last year.*

*Each year, we provide this prayer guide to help participants pray in a guided, effective, and expansive manner. Weekly themes and daily sub-themes with accompanying scriptures have been outlined to ground our prayers. Scriptures are given for morning and evening reflections, and prayer segments are divided into consecration, guidance, protection, global missions, work and career, and gathering. There are also scripturally-founded declarations to affirm each day as we pray. This guide will enrich your fasting and prayer experience.*

***As you fast, commit to doing so wisely and healthily for the physical and spiritual benefits that are to be gained. Some helpful tips on effective fasting have been included in the guide.***

*2023 is our year of Gathering in ICGC. As we embark on this spiritual journey together, may we gather every fragment due us, and may no treasure of ours be lost.*

*May the Lord hear your prayers and answer them speedily!*

*Shalom!*





**WEEK 3**

**BREAKING BARRIERS**



## DARING BY FAITH

*For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. (Mark 11:23)*

DAY 12 - JULY 3

### Morning Reflection

#### Mark 11:20-24

Now in the morning, as they passed by, they saw the fig tree dried up from the roots. And Peter, remembering, said to Him, "Rabbi, look! The fig tree which You cursed has withered away." So Jesus answered and said to them, "Have faith in God. For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

### Consecration

1. Praise God for another day of fasting, prayer and consecration; ask Him to increase your faith as you pray.
2. Ask the Lord to purge your heart from every fear, doubt and anxiety crippling your faith in Him.
3. Pray for grace to be set apart as a yielded vessel for God's use in this season.
4. Commit your ways into the Lord's hands and ask for strength to remain faithful in all your ways.

### Guidance

5. Reject every temptation to lean on your own understanding; pray that you will always rely on God's wisdom.
6. Pray for divine strength to overcome obstacles in your walk of faith.
7. Ask God to open the eyes of your understanding to sense His direction and understand His perfect plan for your life.
8. Ask God to convict the hearts of your unbelieving relations and draw them to Himself.

### Protection

9. Ask the Lord to give His angels charge over you and your household and shield you from calamity.
10. Declare that every weapon of the enemy sent to frustrate you and to give up faith in God, fails in Jesus' name.
11. Boldly command every mountain before you to be moved and cast into the sea.
12. Lift your household before the Lord and ask for divine exemption from every attack of Satan.

### **Declaration**

*As I submit to God, I am freed of all burdens. The Lord upholds my right hand and gives me victory over every challenge, obstacle and mountain. By faith, I possess God's blessings for me and my household. In Jesus' name, Amen.*

### **Global Missions**

- a. **Equatorial Guinea**
- b. **Eritrea**
- c. **Estonia**
- d. **Ethiopia**
- e. **Fiji**

13. Ask God to break the power of tradition, idol worship, witchcraft and all forms of evil that hold people captive in **Equatorial Guinea**.
14. Ask God to firmly establish His church in **Eritrea**; pray that He will do mighty works through the church.
15. Ask the Father to bless His church in **Estonia** with insight to identify and seize opportunities to expand His kingdom.
16. Intercede for the salvation of souls in **Ethiopia**; declare in faith that multitudes will surrender to Christ.
17. Ask the Lord to raise missionaries to take the gospel across **Fiji**; declare the success of every evangelistic campaign.

### **Work and Career**

18. By faith, cast down all the works of the enemy fighting your career advancement.
19. Ask God to grant you His favour that will make you receive a double portion for your efforts.
20. Proclaim that you have entered your season of Jubilee; affirm that all your debts will be divinely cleared.
21. Ask the Lord for courage and faith to pursue greater opportunities in your career.

### **Gathering**

22. Thank God that His grace and blessing are sufficient to equip and satisfy you in your walk of faith.
23. Ask the Lord for opportunities that will provoke you to move from your comfort zone into your fruitful field.
24. Come against every devourer that attacks your harvest; command it to wither in Jesus' name.
25. Declare that as you wait on God this year, your barns will overflow and your vats will burst with new wine.

### **Declaration**

*I declare that I have the spirit of discernment and I will be sensitive to the promptings of the Holy Spirit in me. By the grace and wisdom of God I move in great faith this season and will possess my possessions. In Jesus' name. Amen.*





## **Scripture for Reflection**

### **Isaiah 45: 1-3**

*"Thus says the Lord to His anointed, to Cyrus, whose right hand I have held—To subdue nations before him and loose the armor of kings, to open before him the double doors, so that the gates will not be shut: 'I will go before you and make the crooked places straight; I will break in pieces the gates of bronze and cut the bars of iron. I will give you the treasures of darkness and hidden riches of secret places, that you may know that I, the Lord, who call you by your name, am the God of Israel.*

#### **Declaration**

*I am anointed by the Lord to reign and move mountains. I proclaim that the Lord goes before me and advances my cause. My faith in God yields a great harvest in this season. In Jesus' name, **Amen.***





## WELL ABLE

*Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." (Numbers 13:30)*

DAY 13 - JULY 4

### **Morning Reflection**

#### **Numbers 13:26-33**

Now they departed and came back to Moses and Aaron and all the congregation of the children of Israel in the Wilderness of Paran, at Kadesh; they brought back word to them and to all the congregation, and showed them the fruit of the land. Then they told him, and said: "We went to the land where you sent us. It truly flows with milk and honey, and this is its fruit. Nevertheless, the people who dwell in the land are strong; the cities are fortified and very large; moreover we saw the descendants of Anak there. The Amalekites dwell in the land of the South; the Hittites, the Jebusites, and the Amorites dwell in the mountains; and the Canaanites dwell by the sea and along the banks of the Jordan." Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." But the men who had gone up with him said, "We are not able to go up against the people, for they are stronger than we." And they gave the children of Israel a bad report of the land which they had spied out, saying, "The land through which we have gone as spies is a land that devours its inhabitants, and all the people whom we saw in it are men of great stature. There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight."

### **Consecration**

1. Thank God that in this season of gathering, you are equipped to gather much for your benefit and to His glory.
2. Ask the Lord for strength to overcome bad habits and negative patterns in your life.
3. Pray for grace to live in complete obedience to God's word.
4. Surrender your life to the Lord; ask Him to help you follow His will for your life.

### **Guidance**

5. Ask the Lord to help you renew your mind; pray that you will think of triumph and not of defeat.
6. Ask the Holy Spirit to give you clear vision in your heart of God's provision and prosperity for you.
7. By faith, silence the voice of accusation, condemnation and discouragement around you.
8. Pray that the Lord will surround you with encouragers at all times.

### **Protection**

9. Declare that you and your loved ones are surrounded by God's protection wherever you go.
10. Decree that in this season, God's power will strengthen you to overcome the "giants" in your life; pray for endurance to resist the enemy.
11. Affirm that you are victorious in Christ; praise God that you will overcome every difficult challenge before you.
12. Declare that nothing will stop you from participating of God's divine nature as you believe His promises.





### **Declaration**

*All day long, I will make my boast in the Lord. God is at work in me to will and to do of His good pleasure. His enabling power empowers me to conquer. The giants before will me will fall. I confess that I am well able because Jehovah is the one who helps me. In Jesus' name, Amen.*

### **Global Missions**

- a. **Finland**
- b. **France**
- c. **Gabon**
- d. **Gambia**
- e. **Georgia**

13. Pray that the church in **Finland** will experience a renewal by the Holy Spirit; pray that hearts will be stirred afresh with the love of Christ.
14. Pray for renewed commitment to evangelism that will bring spiritual transformation in **France**; thank God for explosive growth in the number of believers.
15. Ask God to shine the light of the Gospel upon the nation of **Gabon**. Declare that spiritual darkness will be dispelled in Jesus' name.
16. Ask the Holy Spirit to empower the church in **Gambia** to influence the course of the nation with the truth of God's word.
17. Declare that many souls in the nation of **Georgia** will turn unto the path of righteousness and experience the blessing of God's salvation.

### **Work and Career**

18. Ask the Lord to anoint you with wisdom and ideas to excel beyond the expectation of doubters.
19. Pray that like Caleb, God will use you to encourage the fearful and weary in your circles.
20. Ask the Holy Spirit to favour those you work with for your mutual gain.
21. Commit your decisions to the Lord, and declare that you will not make mistakes in your career choices that will set you back many years.

### **Gathering**

22. Prophesy that you are well able to gather the goodness of the land in which you dwell.
23. Affirm that whatever the enemy has scattered over the years will be gathered back unto you.
24. Intercede, that souls will gather in churches to learn of God's way and His works.
25. Intercede that the economy of your nation will progress rapidly and that development will be sustained.

### **Declaration**

*I declare that the gates of the nations are opened to receive the Gospel. God's word is bringing transformation and prosperity to every land. The Lord shall establish His people and make them strong in the land in Jesus' name, Amen.*

**Scripture for Reflection**  
**Deuteronomy 11:22-25**

*"For if you carefully keep all these commandments which I command you to do — to love the Lord your God, to walk in all His ways, and to hold fast to Him — then the Lord will drive out all these nations from before you, and you will dispossess greater and mightier nations than yourselves. Every place on which the sole of your foot treads shall be yours: from the wilderness and Lebanon, from the river, the River Euphrates, even to the Western Sea, shall be your territory. No man shall be able to stand against you; the Lord your God will put the dread of you and the fear of you upon all the land where you tread, just as He has said to you.*

**Declaration**

*I can do all things through Christ who gives me strength. Therefore, I take possession of what God has ordained for me. The giants and threats around are not greater than me. My God has given me the victory over them. I conquer in battle and take territories. In Jesus' name,  
**Amen.***





## KEEP STRIKING

*Then he said, "Take the arrows"; so he took them. And he said to the king of Israel, "Strike the ground"; so he struck three times, and stopped. And the man of God was angry with him, and said, "You should have struck five or six times; then you would have struck Syria till you had destroyed it! But now you will strike Syria only three times." (2 Kings 13:18-19)*

DAY 14 - JULY 5

### Morning Reflection

#### Kings 13:14-19

Elisha had become sick with the illness of which he would die. Then Joash the king of Israel came down to him, and wept over his face, and said, "O my father, my father, the chariots of Israel and their horsemen!" And Elisha said to him, "Take a bow and some arrows." So he took himself a bow and some arrows. Then he said to the king of Israel, "Put your hand on the bow." So he put his hand on it, and Elisha put his hands on the king's hands. And he said, "Open the east window"; and he opened it. Then Elisha said, "Shoot"; and he shot. And he said, "The arrow of the Lord's deliverance and the arrow of deliverance from Syria; for you must strike the Syrians at Aphek till you have destroyed them." Then he said, "Take the arrows"; so he took them. And he said to the king of Israel, "Strike the ground"; so he struck three times, and stopped. And the man of God was angry with him, and said, "You should have struck five or six times; then you would have struck Syria till you had destroyed it! But now you will strike Syria only three times."

### Consecration

1. Thank God that in this season of consecration, He is drawing your heart and mind towards Him.
2. Pray that your faith in God will be constantly renewed so you can please God in your daily endeavours.
3. Ask the Lord for a prophetic word in this season by which you can run in the days ahead.
4. Pray for the discipline and drive to strike as many times as necessary for a total breakthrough.

### Guidance

5. Pray for God's guidance to push and press forward in life this year.
6. Ask the Holy Spirit to teach you how to gain complete victory in your life.
7. Ask the Lord to help you turn a new page in areas of your life where you have walked in error.
8. Pray that the Holy Spirit will order your steps and help you make a good impression on people of influence around you.

### Protection

9. Declare that the shield of God's protection goes ahead of you and your family.
10. Declare that the arrows of the enemy targeted at you will be extinguished as you raise the shield of faith.
11. Ask God to launch you as His arrow of deliverance in the lives of those who face depression and oppression.
12. Prophesy supernatural interventions in the battles of God's people across the world.

### **Declaration**

*I thank God that He has made me an arrow of deliverance for many. I declare that through the ministry of God's Spirit in my life, burdens will be lifted from the lives of people as I help them through God's compassion. In Jesus' name, **Amen.***

### **Global Missions**

- a. **Germany**
- b. **Ghana**
- c. **Greece**
- d. **Grenada**
- e. **Guatemala**

13. Pray that churches in **Germany** will be revitalised by the Holy Spirit to raise believers that are fervent in Spirit.
14. Pray that Christians in **Ghana** will effectively live out their faith and practically demonstrate Christian values in society.
15. Declare that many souls in **Greece** will come to know Christ; proclaim that the wisdom of Christ will influence them as they turn to the Lord.
16. Pray for ever-growing evangelism in **Grenada**; declare that the word of the Lord will prevail as the light of the Gospel shines upon the nation.
17. Pray for vibrant evangelism and practical Christianity in **Guatemala**. Declare that the church will influence the nation with the principles of Christ.

### **Work and Career**

18. Pray for grace to work diligently and develop your career to your full potential.
19. Ask God to surround you with benefactors and helpers, who will support you to have great breakthroughs and successes.
20. Declare that in this season, your skills and expertise will shine in the marketplace.
21. Prophecy that God's work will bring about a significant turn of events in your present circumstances.

### **Gathering**

22. Affirm that you will not lack what you need to gather your harvest this year.
23. Declare that your hands are strengthened to keep striking until your victory is established.
24. Confess that as you keep striking, there will be nothing missing and nothing lacking in your life.
25. Pray that as you act on God's word in this season, it will yield testimonies of God's power at work on your behalf.

### **Declaration**

*By the testimony of Jesus, the spirit of prophecy, I declare that the nations are gathering at the feet of Christ. The Lord draws them and they come willingly to worship and proclaim His glory. In Jesus' name, **Amen.***

**Scripture for Reflection**  
**Zechariah 9:11-17**

*"As for you also, Because of the blood of your covenant, I will set your prisoners free from the waterless pit. Return to the stronghold, You prisoners of hope. Even today I declare that I will restore double to you. For I have bent Judah, My bow, Fitted the bow with Ephraim, And raised up your sons, O Zion, Against your sons, O Greece, And made you like the sword of a mighty man." Then the Lord will be seen over them, And His arrow will go forth like lightning. The Lord God will blow the trumpet, and go with whirlwinds from the south. The Lord of hosts will defend them; They shall devour and subdue with sling stones. They shall drink and roar as if with wine; They shall be filled with blood like basins, Like the corners of the altar. The Lord their God will save them in that day, As the flock of His people. For they shall be like the jewels of a crown, Lifted like a banner over His land — For how great is its goodness and how great its beauty! Grain shall make the young men thrive, and new wine the young women.*

**Declaration**

*I thank my God that He has heard my voice and answered my prayers. His arrow of deliverance has gone ahead of me. I take up my arrows in strength and launch them far. I will keep striking until God's victory is perfected in my life. In Jesus' name, **Amen.***



## BECOMING ALL THINGS

*To the weak I became as weak, that I might win the weak. I have become all things to all men, that I might by all means save some. Now this I do for the gospel's sake, that I may be partaker of it with you. (1 Corinthians 9:19-23)*

DAY 15 - JULY 6

### Morning Reflection

#### 1 Corinthians 9:19-23

For though I am free from all men, I have made myself a servant to all, that I might win the more; and to the Jews I became as a Jew, that I might win Jews; to those who are under the law, as under the law, that I might win those who are under the law; to those who are without law, as without law (not being without law toward God, but under law toward Christ), that I might win those who are without law; to the weak I became as weak, that I might win the weak. I have become all things to all men, that I might by all means save some. Now this I do for the gospel's sake, that I may be partaker of it with you.

### Consecration

1. Ask God to create in you a clean heart and renew a right spirit within you.
2. Ask God to mould and transform you into the image of Christ.
3. Ask the Lord to enable you to resist every lifestyle that contradicts the nature of Christ.
4. Pray that by the end of this season of consecration, every weakness in faith will be turned into strength.

### Guidance

5. Affirm that by God's grace, you will resist every influence to conform to the world.
6. Ask the Holy Spirit to teach you to live in the world without compromising your faith.
7. Declare that as you submit to God's will, He will guide you to the people He has prepared you to minister to.
8. Ask the Lord to bring people into your life who will help you mature in Christ and excel in your assignment.

### Protection

9. Confess that your faith and prayer will yield victory and give you a good testimony.
10. Declare that your loved ones who have been led astray by the enemy's deception are seeing the truth and light of Christ.
11. Reject every spirit that seeks to take the peace of your home and stir strife among your relations.
12. By faith, bind and cast out the works of the enemy meant to frustrate the gathering of your harvest.

### **Declaration**

*God's word cleanses my heart and renews a right spirit in me. By God's grace, I am not who I used to be. I am a new creature in Christ. I break free of the negative pressures of friends and society as I emulate the life of Christ. In Jesus' name, Amen.*

### **Global Missions**

- a. **Guinea**
- b. **Guinea-Bissau**
- c. **Guyana**
- d. **Haiti**
- e. **Honduras**

13. Pray for a revival in the nation of **Guinea**; ask the Lord to stir the hearts of men and the church to be committed to soul-winning.
14. Commit missionaries in **Guinea Bissau** into God's hands; pray that they will be empowered to uphold the gospel in the land.
15. Command opposing forces working against the spread of the gospel in **Guyana** to be thrown into confusion.
16. Ask the Lord to visit Christian leaders of **Haiti** and help them to minister to the pressing needs of the nation; pray that they will carry a message of hope.
17. Pray that the Gospel will be preached and taught to all the people groups of **Honduras**.

### **Work and Career**

18. Ask God for wisdom and knowledge to build your skills and become an authority in your field.
19. Declare that good news of your brand and products will spread across the nations.
20. Thank the Lord for His favour that is opening new doors in your work and career.
21. Praise God that by the end of this year, you will celebrate your increase and promotion.

### **Gathering**

22. Pray that God's glory, power, and presence will be manifest in every assembling of your church.
23. Declare that as you obey God, He will send helpers your way to help you gather in your harvest.
24. Ask God to raise more church workers who will selflessly serve to gather the lost into His kingdom.
25. Decree the end of every association that compels you to forsake the gathering of the saints.

### **Declaration**

*The saving grace of God has appeared to the nations of the world, turning the hearts of many to God. I spread the fragrance of Christ wherever I go. As I faithfully obey God, He blesses my work. In Jesus' name, Amen.*



**Scripture for Reflection**  
**Psalm 18:28-36**

*For You will light my lamp; the LORD my God will enlighten my darkness. For by You I can run against a troop, by my God I can leap over a wall. As for God, His way is perfect; the word of the LORD is proven; He is a shield to all who trust in Him. For who is God, except the LORD? And who is a rock, except our God? It is God who arms me with strength, and makes my way perfect. He makes my feet like the feet of deer, and sets me on my high places. He teaches my hands to make war, so that my arms can bend a bow of bronze. You have also given me the shield of Your salvation; your right hand has held me up, your gentleness has made me great. You enlarged my path under me, so my feet did not slip.*

**Declaration**

*I am born of God, therefore I overcome the world. I will be who God made me to be. My works will speak for me and my gifts will make room for me. In Jesus' name, **Amen.***



## PERSEVERE

*Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. (Philippians 3:13-14)*

DAY 16 - JULY 7

### Morning Reflection

#### Philippians 3:12-16

Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you. Nevertheless, to the degree that we have already attained, let us walk by the same rule, let us be of the same mind.

### Consecration

1. Thank God for the blessing of the abiding presence of Christ in you; thank Him that He will keep you from falling till the day of His coming.
2. Pray for a renewed mind as you study and meditate on God's word.
3. Ask the Holy Spirit to help you live a holy and blameless life before God.
4. Declare your liberty from any entanglement with sins that easily beset you.

### Guidance

5. Ask God to teach you to walk in His truth so that you will fulfil His will.
6. Commit every persistent, troubling issue in your family to God; declare an immediate end to it in Jesus' name.
7. Pray for God's healing for yourself and your family from all hurt and abuse.
8. Pray for grace to persevere in your pursuit of God.

### Protection

9. Pull down negative strongholds in your mind that limit you in your thinking.
10. Bind every strongman that stands between you and your prize.
11. Rebuke every voice of discouragement troubling your mind and bringing confusion and unrest.
12. Thank God for giving you victory and escape from unforeseen traps.

### **Declaration**

*My pursuit and hunger for Christ will never wane. I proclaim my liberty from all hindering forces as I humble myself before God. I am completely healed and free from every hurt I have suffered in the past. In Jesus' name, **Amen.***

### **Global Missions**

- a. **Hungary**
- b. **Iceland**
- c. **India**
- d. **Indonesia**

13. Pray that false teaching and philosophies that mislead the people of Hungary will be cast down; declare that the truth of God's word preached by the church will shine.
14. Ask God to visit Iceland with His mighty power and stir up a hunger for Jesus.
15. Declare that the power of God breaks the yokes of bondage and oppression in India.
16. Thank God for peace and rest in Indonesia; bind every strife leading to conflicts and bloodshed.

### **Work and Career**

17. Thank God for your workmates; pray for peace and shared vision between all your colleagues at your workplace.
18. Ask God for grace to rise above past failures; ask God to open your eyes to see new opportunities.
19. Ask God for fresh, creative ideas that will increase your personal value and what you produce.
20. Declare God's favour over your loved ones who are struggling financially.

### **Gathering**

21. Confess that you are persevering until you have obtained your prize.
22. Declare that neither your past victories nor failures will keep you from gathering what God has in store for you.
23. Pray that the church will press on in the field of souls until the gospel reaches the ends of the earth.
24. Ask God to revive loved ones who have become dejected and lost hope of obtaining their prize.

### **Declaration**

*I am empowered to run my race till I see victory. All my plans and purposes aligned with God's will are manifesting. I will never go back to where I used to be. I am walking in my high places. Everything I touch is blessed as I enjoy favour on all sides. In Jesus' name, **Amen.***

**Scripture for Reflection:**

**James 1:2-4**

*My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing. If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord; he is a double-minded man, unstable in all his ways.*

**Declaration**

*As the beloved of God, I have the mind and wisdom of Christ. I patiently wait on my God to perfect His good work in me. I abound in every good work I press on. I will not miss my day of visitation. In Jesus' name, **Amen.***



## BREAKTHROUGH

*Then it happened, as he drew back his hand, that his brother came out unexpectedly; and she said, "How did you break through? This breach be upon you!" Therefore, his name was called Perez. (Genesis 38:29)*

DAY 17 - JULY 8

### **Morning Reflection** **Genesis 38:27-30**

Now it came to pass, at the time for giving birth, that behold, twins were in her womb. And so it was, when she was giving birth, that the one put out his hand; and the midwife took a scarlet thread and bound it on his hand, saying, "This one came out first." Then it happened, as he drew back his hand, that his brother came out unexpectedly; and she said, "How did you break through? This breach be upon you!" Therefore his name was called Perez. Afterward his brother came out who had the scarlet thread on his hand. And his name was called Zerah.

### **Consecration**

1. Bless the Lord for His unfailing love towards you in this season of consecration.
2. Ask the Lord to surround you with His peace as you yield to His voice.
3. Pray that your mind and will, will agree with God's plans; declare that His will, will be established in your life.
4. Pray that by righteous living, you are positioned for exceptional breakthroughs in life.

### **Guidance**

5. Pray that by the strength of the Lord, you will remain obedient to His instructions.
6. Ask the Lord to help you launch out into the deep as you commit to faithfully taking bold steps of faith.
7. Proclaim the liberation of your soul from every misleading voice of the enemy; declare you are not limited.
8. Resist the influence of false doctrines that seek to fight against your walk with God.

### **Protection**

9. Decree that the peace of God is prevailing over every cloud of depression to fill your heart.
10. Prophesy your liberty from generational barriers as you surrender your life and family to the Lord.
11. Command the gates to your next level to be opened; declare that by faith, you will walk through them.
12. Cast down the spirit of fear and doubt; declare that you and your family are empowered to be victorious.

### **Declaration**

*I proclaim my liberty from every misleading voice of the enemy. I lay hold on the blessings released in this season. I breakthrough negative generational cycles and affirm that my season of breakthrough is now. In Jesus' name. **Amen.***

### **Global Missions**

- a. **Iran**
- b. **Iraq**
- c. **Ireland**
- d. **Israel**

13. Ask the Lord to unify the church in **Iran** and grant them the wisdom to win the hearts of the younger generation for Christ.
14. Pray that Christians in **Iraq** will minister life to victims of terrorism in that region; pray that they will find healing and forgiveness in Jesus.
15. Proclaim a revival in the nation of **Ireland**; pray that the Irish nation will recover their heritage of profound faith in Christ.
16. Pray that the eyes of **Israel** will be opened to the truth of Jesus Christ as the Messiah.

### **Work and Career**

17. Ask God to sharpen your mind to be resilient, focused, and productive in your work life.
18. Reject every weight of laziness and mediocrity preventing you from ascending your heights.
19. Declare your victory and triumph over every challenge you are facing in your career.
20. By faith, receive the grace to break new grounds in your career.

### **Gathering**

21. Present to God your loved ones seeking the fruit of the womb; pray that they will have children of their own.
22. Boldly decree that you are coming from behind to overtake; affirm that your past failures are your stepping-stones to success.
23. Affirm that, as you sow, you will reap a bountiful harvest and walk in abundance.
24. Confess that as you persevere, you will birth new victories and gather your harvest.

### **Declaration**

*I declare that I am marching forward, breaking barriers and new grounds to gather souls and substance for God's kingdom. I will not be held back in life. I bounce back from past failures and setbacks; I persevere until I achieve my goals. In Jesus' name, **Amen.***

## **Scripture for Reflection**

### **2 Sam 5:19-20**

*So David inquired of the Lord, saying, "Shall I go up against the Philistines? Will You deliver them into my hand?" And the Lord said to David, "Go up, for I will doubtless deliver the Philistines into your hand." So David went to Baal Perazim, and David defeated them there; and he said, "The Lord has broken through my enemies before me, like a breakthrough of water." Therefore he called the name of that place Baal Perazim.*

#### **Declaration**

*The power of the Lord is upon me in this year of gathering, I am empowered to breakthrough every resistance before me. I pursue and recover my blessing. What was lost is restored to me. In Jesus' name, **Amen.***





## EXPANDING TERRITORY

*"Enlarge the place of your tent, and let them stretch out the curtains of your dwellings; Do not spare; Lengthen your cords, and strengthen your stakes. For you shall expand to the right and to the left, and your descendants will inherit the nations, and make the desolate cities inhabited. (Isaiah 54:2-3)*

DAY 18 - JULY 9

### Morning Reflection

#### Isaiah 54:1-3

"Sing, O barren, you who have not borne! Break forth into singing, and cry aloud, you who have not labored with child! For more are the children of the desolate than the children of the married woman," says the Lord. "Enlarge the place of your tent, and let them stretch out the curtains of your dwellings; do not spare; lengthen your cords, and strengthen your stakes. For you shall expand to the right and to the left, and your descendants will inherit the nations, and make the desolate cities inhabited.

### Consecration

1. Praise the Lord for His blessings upon you as you continue in this time of prayer.
2. Ask the Holy Spirit to help you trust and obey God's divine instructions and lead you experience expansion.
3. Commit your desires and dreams to the Lord; ask for His perfect will to be done in your life.
4. Ask for a supply of God's grace to be firm in faith in the midst of uncertainties and troubles.

### Guidance

5. Praise God for the promise of His guiding presence whenever you call on His name.
6. Ask the Holy Spirit to teach you the truths you need to expand your territory.
7. Ask for divine wisdom to resist wrong influences and avoid unbeneficial decisions in life.
8. Call on God to expand your hunger and thirst for Him and His word.

### Protection

9. By faith, resist every wicked agenda that aims to steal the joy of the Lord in your life.
10. Command every storm wreaking havoc in your territory to be stilled.
11. Pull down evil imaginations and strongholds, that resist your expansion in life.
12. Boldly declare that you will sing songs of victory this year as God turns every barrenness into fruitfulness.

### Declaration

*I praise you Father for your bountiful blessings for me and my household. I receive divine wisdom and grace to resist wrong influences. By faith, I pull down evil imaginations and strongholds as I enter my season of expansion in Jesus' name, Amen.*

## Global Missions

- a. **Italy**
- b. **Jamaica**
- c. **Japan**
- d. **Jordan**

13. By faith, resist every power that keeps the people of **Italy** from receiving the gospel of Christ; ask for revival to break forth in the land.
14. Pray that Christians in **Jamaica** will continue in the faith and be empowered to turn the country back to God.
15. Ask God to endow the churches in **Japan** with wisdom, to use technology to expand the frontiers of the gospel.
16. Pray that the knowledge of Christ will increase in **Jordan**; ask the Lord to foster togetherness amongst the churches.

## Work and Career

17. Declare a release of supernatural acceleration over your work and career; receive unwavering faith to stretch and press forward.
18. Speak to every stagnation in your career; declare that you are experiencing financial expansion.
19. Ask the Lord for favour upon your work; prophesy that you will not be rejected but preferred as you commit to excellence.
20. Lift before God the declining business of your loved ones; ask God for mercy to turn things around for their good.

## Gathering

21. Ask for grace to discern your time of harvest; pray that no harvest will be lost to being insensitive to the times.
22. Declare that your choices this year will cause you to gather a “more-than-enough” blessing.
23. By the power of God, command the speedy recovery of wasted years and lost territories.
24. Declare that you are gathering your fragments and possessing new territories.

### **Declaration**

*I believe in every promise God has for me and my family. I declare that the influence of the Gospel of Christ is expanding across the nations. I push back the darkness by my declarations and declare the glory of God shines forth. God's favour is over my life and family, and we shall possess the nations to the glory and praise of the Lord. In Jesus' name, **Amen**.*

### **Scripture for Reflection**

#### **Psalm 72:8-11**

*He shall have dominion also from sea to sea, and from the River to the ends of the earth. Those who dwell in the wilderness will bow before Him, and His enemies will lick the dust. The kings of Tarshish and of the isles will bring presents; the kings of Sheba and Seba will offer gifts. Yes, all kings shall fall down before Him; all nations shall serve Him.*

#### **Declaration**

*As God promised to give to Moses the land where his foot tread, so will God give unto me as I tread different territories. I refuse to stagnate in life. I go from strength to strength, victory to victory, and glory to glory. In Jesus' name, **Amen.***

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